

**WORKSHOP: “Feeding Therapy: A Sensory-Motor Approach” (2-Day)**  
Presented by Lori Overland, M.S., CCC-SLP

**COURSE DESCRIPTION:**

In this updated Sensory/Motor Approach to Feeding class, complex issues surrounding feeding disorders are discussed, utilizing new research and understanding of sensory processing and the impact on feeding. The class includes two live evaluations and program plans, as well as interactive sensory and feeding practicum. Lori will show you a step-by-step approach to teach your most challenging clients tolerance of touch, enabling them to learn to eat and develop appropriate oral-motor movements. Day 1 focuses on promoting acceptance of touch for therapeutic feeding and oral stimulation and movement. Her techniques incorporate a variety of temperatures, textures and tastes. Day 2 features hands-on learning of techniques for spoon feeding, straw drinking and chewing solid foods.

***Learning Outcomes:***

1. Identify and define the developmental acquisition of feeding skills.
2. Identify individual oral-phase feeding deficiencies.
3. List at least four goals of an SLP-administered oral-motor feeding program.
4. Explain the benefits of improved oral movement in cases of oral-phase feeding deficiencies.

***AGENDA: Day 1 8:30am-12:00pm (15 min break 10:45)***

1. Introduction and Course Overview
  2. Therapeutic Feeding
    - A. Components of a Three-Part Oral-Motor Program
    - B. Factors Which Influence Feeding
    - C. Nutritional Concerns
    - D. Overview of Structures and Functions for Feeding
  3. Chronological Development of Feeding Skills: Birth - 36 months
  4. Assessment
  5. Live Demonstration of Feeding Assessment
- 12:00pm-1:00pm Lunch

***AGENDA: Day 1 1:00pm-4:00pm ((15 min break 2:15)***

6. Understanding Sensory Processing in the Mouth
7. Sensory Practicum

***AGENDA: Day 2 8:30am-12:00pm (15 min break 10:45)***

1. Pre-Feeding Considerations/ Preparing the Oral Mechanism
  2. Planning a Program
  3. Live Demonstration of Feeding Techniques
- 12:00pm-1:00pm Lunch

***AGENDA: Day 2 1:00pm-4:00pm (15 min break 2:15)***

4. Therapeutic Feeding Techniques
  - A. Infant Feeding Techniques
  - B. Introduction to Spoon Feeding
  - C. Solid Foods
  - D. Cup Drinking
  - E. Straw Drinking
5. Discussion/Questions